


Horizons July Menu 2024

MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5	
Pizza Colorful Macaroni & Cheese 5 Veggie Mix Peaches Oatmeal Raisin Cookie Skim Milk	Swedish Meatballs on Noodles Shepherds Pie California Vegetables Yogurt w/Fruit and Grains WW Bread Skim Milk	Chef's Choice BBQ Pulled Pork on Bun Peas and Carrots Pears Skim Milk	Closed for Holiday Please Consume Frozen Meal Provided 	Breaded Fish Fillet on Bun Crispy Cube Potatoes Green Beans & Red Peppers Applesauce Cups Skim Milk	Week 6
8	9	10	11	12	
Hamburger on Bun Potato Wedges Stewed Tomatoes & Zucchini Fresh Apple Skim Milk	Chicken Strips & Tator Tots Tator Tot Casserole Corn Banana WW Dinner Roll Graham Crackers Skim Milk	Pepper Steak Sweet and Sour Chicken Rice Peas Mandarin Oranges & Pineapple WW Bread Skim Milk	Turkey Tetrazini Italian Spaghetti Breadstick 5 Veggie Mix Orange Skim Milk	Honey Glazed Pork w/ Rice & Gravy Cheese Asparagus Strata Lima Beans Fruit Cup WW Bread Skim Milk	7
15	16	17	18	19	
Breakfast Casserole Breakfast Pizza O'Brien Potatoes Greek Yogurt w/ Fruit & Grains Orange Juice Skim Milk	Soft Shell Taco Stuffed Green Pepper Spanish Rice Fiesta Corn Fresh Orange Skim Milk	Chicken Breast Patty on Bun BBQ Beef on Bun Baby Red Potatoes Dilled Carrots Fruit Juice Cup Skim Milk	Baked Potato w/ Chili Crackers & Sour Cream Chicken Pot Pie Peas & Carrots Cinnamon Applesauce WW Bread Skim Milk	Pizza Burger on Bun Spinach Lasagna Breadstick Green Beans Banana Skim Milk	8
22	23	24	25	26	
Swiss Chicken Beef Stir fry Rice Peas Pineapple Tidbits Whole Wheat Bread Skim Milk	Meatballs w/ Gravy Pork Patty on Bun Party Potatoes Green Beans Cereal Bar Skim Milk	Turkey & Gravy Pork Loin & Gravy Homestyle Dressing Lima Beans Pears WW Dinner Roll Skim Milk	Salisbury Steak Chicken Florentine Buttered Penne Pasta Brussel Sprouts Strawberry Applesauce Whole Wheat Bread Skim Milk	Hawaiian Hamloaf Salmon Patty Rice Pilaf Peas Fruit Juice Cup Skim Milk	3 Bean 1
29	30	31			
Turkey Broccoli Rice Casserole Cheese Pasta and Red Sauce Green Beans and Red Peppers Banana WW Dinner Roll Skim Milk	Breaded Chicken Breast Breaded Fish Fillet Dilled Baby Red Potatoes Chateau Vegetables Applesauce WW Bread Skim Milk	Beef Stew Beans and Ham Corn Muffin Peas Mandarin Oranges Oatmeal Snack Bar Skim Milk			2

*** This is a Monthly Menu, not Choice Menu please keep for your reference, do not return.**