


Horizons August 2024 Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
<p>* This is a Monthly Menu, not Choice Menu please keep for your reference, do not return.</p>				
5	6	7	8	9
Chef's Choice Marinated Chicken Breast on WW Bun Au Gratin Potatoes Green Beans Skim Milk	Broccoli Beef Spanish Meatballs Rice Lima Beans Applesauce WW Bread Skim Milk	Roast Beef Baked Ham Dressing Steamed Cabbage & Carrots Peaches WW Dinner Roll Skim Milk	Pork Medallions w/ Veggie Rice Pilaf Asparagus Rotini w/Chicken 5 Veggie Mix Pineapple Chunks WW Bread Skim Milk	Open Face Patty Melt Tuna Noodles Peas and Carrots Fruit Cocktail Graham Crackers Skim Milk
12	13	14	15	16
Cheese Omelet Pancakes w/ Syrup and Turkey Sausage Links O'Brien Potatoes Apple Crisp w/Oatmeal Topping WW Bread Skim Milk	Beef Stroganoff Lasagna Spinach Mandarin Oranges Graham Crackers Skim Milk	Chicken Cordon Bleu on Bun BBQ Pulled Pork on Bun 1/2 Baked Potato & SourCream Island Blend Veggies Fresh Apple Skim Milk	Porkloin & Gravy Beef Pot Roast & Gravy Steamed Baby Red Potatoes Carrot & Cabbage Casserole WW Bread Cereal Bar Skim Milk	Oven Fried Chicken Lemon Baked Tilapia w/Bread Crumbs Mashed Potatoes& Gravy 5 Veggie Mix Oatmeal Cookie Skim Milk
19	20	21	22	23
Macaroni & Ground Beef Alfredo Chicken on Noodles Green Beans Peaches WW Dinner Roll Skim Milk	Swiss Steak Apple Brown Sugar Pork Chop Potato Wedges Chateau Vegetables WW Bread Graham Crackers Skim Milk	Turkey & Dressing Baked Fish on Veggie Rice Pilaf Country Corn Casserole Banana Skim Milk	Marinara Beef Chicken Parmesan on Penne Pasta Peas Pineapple WW Bread Skim Milk	Chicken Nuggets Fish Sticks Dilled Baby Red Potatoes Broccoli WW Snack Bar Skim Milk
26	27	28	29	30
Pizza Colorful Macaroni & Cheese 5 Veggie Mix Peaches Oatmeal Raisin Cookie Skim Milk	Swedish Meatballs on Noodles Shepherds Pie California Vegetables Yogurt w/Fruit and Grains WW Bread Skim Milk	Chef's Choice Sloppy Joe on WW Bun Peas and Carrots Emerald Peas Skim Milk	Zesty Chicken & Rice Beef & Noodles Succotash Fresh Orange Blueberry Muffin Skim Milk	Italian Beef Sandwich Breaded Fish Fillet on Bun Crispy Cube Potatoes Green Beans & Red Peppers Pineapple Skim Milk

Week

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5

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